



University of
Metaphysical Sciences
Higher Education for Spiritual Unfoldment

Vibrational Healing Practitioner Certificate

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Introduction to the Vibrational Healing Practitioner Certificate

We are vibrational beings. From the smallest discernible matter in our bodies, we understand that we are in constant motion. We are also processors of light energy. We know this through science as well. Vibrational healers use this knowledge to support healing at the most fundamental level of being. Through color, light, sound, aroma, crystals, nature, water, breathwork, food, herbs, homeopathy, flower and mineral essence, affirmations, prayer, and more, vibrational healers use vibration to bring release, balance, harmony, and healing to their clients.

Imagine what it is like to go to the beach. How you immediately feel more grounded, more at peace, centered, and connected. The vibrational energies of the vast ocean waters, the waves rhythmically rolling onto shore, the air, the sand, the sun if it is shining, all hold unique vibratory signatures that are deeply healing and energizing to the human body.

This certificate program takes you on a journey, exploring the vibrational nature of your body, mind, and spirit. Vibrational healing is a fascinating area of study, and is incredibly rewarding to practice. So many tools are available to bring into healing sessions to promote the healing process, and all these tools, and the vibrational healing work itself, is healing to the practitioner as well. A feather, a crystal, burning sage, a flower, a drum, a glass of water, or just your own voice all become powerful tools for healing. We are vibration, and celebrating this through doing vibrational healing for others is an incredibly rewarding path!

Guidelines for Success in Certificate Completion and Beyond

This certificate program is carefully designed to prepare you for beginning a practice in your chosen field. The instructions and requirements are designed with mindful attention toward creating a powerful process. Please bring your own mindful attention to this process, including carefully following all guidelines and requirements. This program is an independent study process. No one is monitoring you or looking over your shoulder. This is your process. How deep you go with it, how fully you engage in the courses and projects, how much energy you commit to developing your skills, will determine the outcome and ultimately will influence the success you experience with however you choose to use the certificate. The certificates offered in our program can only be a foundation of knowledge and a “tool kit” of practices and methods you can draw on in your work. The confidence and motivation it takes to build a private practice in your chosen area of study will be based on how you feel about your foundation of knowledge, your level of personal wisdom and awareness, and your ability to support clients using your skills. What you put into it is what you will get out of it. We suggest going in with an open mind and heart, and a willingness to engage deeply in your own transformation. We wish you a beautiful journey and much success!

Vibrational Healing Practitioner Certificate Syllabus

This certificate program will prepare you to enter the field of Vibrational Healing. The journey through these courses will immerse you in a deeper awareness of vibration as the foundation of life. Keeping a journal throughout the process will keep you engaged, and the final projects will then help you to hone and refine those skills through practicum experience. You will receive a Certificate in Vibrational Healing upon completion of this program.

Please familiarize yourself with the Certificate Requirements before beginning, so that you know what is expected and how to organize your time for the best outcome.

Certificate Requirements

Certificate Curriculum

Listed below is the course curriculum for the Vibrational Healing Practitioner Certificate Program. Courses labeled with an asterisk (*) include meditations. Read all required courses and listen to all the meditations included in the coursework. Study Guides are provided at the end of each course as a study tool.

Vibrational Healing	Leading a Meditation
Awakening to the True Self *	Reprogramming and Affirmations
Gaia, Mother Earth	Reiki (<i>History and Philosophy only</i>)
Unified Field	Crystals and Gemstones
Chakras and Auras *	Communication Skills
Aura Viewing	Transforming Personality *
Shamanism	Taoist Healing Arts
Unconditional Love	Forgiveness
Polarity Therapy	Practitioner Ethics
Meditation Skills *	

Keep a Journal

As you are reading each course, take note of the information that is most relevant for you, focusing on the skills you are building to use your certificate in your healing practice. As you listen to the meditations, journal about your experience with each meditation as you go. Keep this journal in digital format, as it will be submitted as a doc or pdf file.

Leading a Meditation

For the course *Leading a Meditation*, follow the instructions and record yourself leading a meditation. Submit this in mp3 format.

Research Project

Choose a vibrational healing method that you feel drawn to. Do a research study that includes reading at least three recently (in the last five years) published books, as well as researching online, and interviewing practitioners who practice this method. If you can find a local class to take, that would be a great addition. Immerse yourself in this study fully, until you feel like you know as much as you can about this healing method without actually practicing it on a client just yet. Write a five-page paper outlining this process, all you learned, and how you have been inspired to enter this field.

Design and Offer Healing Sessions

Reach out to friends, family members, and community members and let people know you are practicing your modality to become a vibrational healer. Find three people who will allow you to work with them over the course of three sessions each, concluding in nine sessions total for you. Design healing sessions for these clients utilizing the knowledge gained from your coursework, creating a progressive process for each. Keep notes on all you are learning, your observations, and the results. Ask for feedback from each client.

Please submit the following requirements for each client compiled into one document, clearly separating the information by client with bold headings:

- Preparatory outlines or notes
- Journaling of your own reflections for each session
- Client feedback for each session
- Overall analysis of the work you have done, and thoughts about how this experience will affect your practice going forward

Final Reflection Responses

Submit these responses as one document, numbering each response:

1. Share your general reflections on your experience with this process in an organized and succinct way. Refer to your journal notes. Minimum 750 words.
2. What are the most powerful, new, or surprising things you learned about vibrational healing within this process? Minimum 250 words.
3. What vibrational healing modality are you most intrigued by and why? Minimum 250 words.
4. Imagine and create the 1st draft written copy for the homepage to your vibrational healing website. Share about yourself, background and education (bio), and imagine how you would like to share what you will be offering. Minimum 300 words.
5. Develop and share a plan for how you will continue strengthening and fine tuning your skills as a vibrational healing practitioner. Minimum 150 words.

Submitting Your Work

Please adhere to the following format before submitting your work:

- Use 12 pt. font.
- Proofread for grammar and spelling before submitting your work.
- All files must be submitted in either doc or pdf format, with the exception recordings which will be mp3 files.
- Use a clear naming format for all files.
- Use the checklist below to be sure you have all your documents ready for upload.
- Upload all requirements using the form at <https://metaphysicsuniversity.com/vibrational-healing-practitioner/>

Certificate Requirements Checklist

Journaling

Submit the journaling you did throughout this process as one document.

Leading a Meditation

Submit your meditation recording as an mp3 file.

Research Project

Minimum five page paper on chosen vibrational healing method.

Design and Offer Healing Sessions

Submit outline, journaling, client feedback and analysis for each client. Submit as one document, clearly separating each client with bold headings.

Final Reflection Responses

Submit as one document, numbering each response.

Please be sure all work has been completed for this certificate before submitting your final work to University of Metaphysical Sciences. We recommend periodically re-familiarizing yourself with all certificate expectations outlined in the Certificate Syllabus and using this checklist to keep track of your progress.

Thank you and many blessings on your Journey!